Medica Foundation – 2011 Grant Recipients

Behavioral Health: Filling the Gaps
Early Childhood Health
Emergency Room (ER) Utilization
General Health Improvement
Healthy Living
Organizational Core Mission Support in Greater Minnesota
Strategic Grants (3-year grants)

Behavioral Health: Filling the Gaps	Grant Amount
Center for Victims of Torture	\$50,000.00
Minneapolis, Minn.	
Support a program to fill a gap in services by integrating a culturally-adapted refugee behavioral health assessment into the standard medical screenings for refugees. Also, expand the mental health capacity of community organizations and create a sustainable refugee mental health care and referral network.	
Face to Face Health and Counseling Services, Inc.	\$47,845.00
St. Paul, Minn.	
Support a program to integrate behavioral health assessments and early intervention mental health services with prenatal care for high-risk pregnant adolescents.	
Frasier Ltd.	\$50,000.00
Fargo, N.D.	
Add a behavioral health specialist to help youth establish and implement independent living goals in a safe, alternative environment to local shelters and life on the streets.	
Goodwill Easter Seals Minnesota	\$50,000.00
St. Paul, Minn.	
Support adding three resource navigators to coordinate behavioral health and related services for low-income clients in core employment programs at the new Working Well Mental Health Clinic.	

Hearth Connection	\$43,000.00
St. Paul, Minn.	
Introduce an integrated services model to help four central Minnesota counties build and administer public/private partnerships for intensive case management, health system navigation and housing assistance for people experiencing long-term homelessness.	
Hennepin Health Foundation	\$48,194.00
Minneapolis, Minn.	
Add a family case manager to bridge the gap in behavioral health services for Latino youth and families whose health is complicated by immigration and cultural dislocation, racism and poverty, and language barriers.	
Intermediate School District 287	\$30,771.00
Plymouth, Minn.	
Provide sexual behavioral health prevention services to students with various disabilities who are at high risk for both sexual abuse and sexual acting-out behaviors.	
National Alliance for the Mentally III – Minnesota	\$30,000.00
Minneapolis, Minn.	
Support the Reentry: Road to Recovery (RRR) project to help people with mental illnesses reentering the community from the corrections system connect with halfway houses, probation officers and community mental health services.	
Ramsey County	\$50,000.00
St. Paul, Minn.	
Support a new Adult Mental Health Urgent Care Center in engaging the professional staff to serve an additional 1500 individuals annually with recovery oriented, peer-supported resources and services.	
Total Behavioral Health	\$399,810.00

Early Childhood Health	Grant Amount
Altru Health Foundation	\$30,000.00
Grand Forks, N.D.	
Implement an Autism Screening Clinic four times per year. This program provides children from 0-12 years with screenings and evaluations by pediatricians, case managers, behavioral health specialists, dieticians, and occupational, speech, and physical therapists all in one day.	
Canvas Health	\$30,000.00
Oakdale, Minn.	
Support programs for children ages 0 - 5 who display severe emotional and disruptive behaviors, offering parents, and care providers in-home and childcare-based intervention, therapeutic classes and education focused on school readiness.	
Central Minnesota Task Force on Battered Women	\$30,000.00
St. Cloud, Minn.	
Expand the <i>Children Exposed to Violence</i> program, one of the nation's first programs for early mental health screening, assessments and services for children within a domestic violence shelter.	
Comunidades Latinas Unidas En Servicio	\$30,000.00
Minneapolis, Minn.	
Support the Family Enhancement program to help at-risk Latino families develop healthy parenting skills and foster home environments that nurture healthy child development.	
Dakota County	\$30,000.00
Farmington, Minn.	
Expand the Metro Alliance for Healthy Families home visiting services, an outreach program of Hennepin County Medical Center to first-time mothers who face multiple stressors. This program is a partnership of nine Twin Cities metro counties, the city of Bloomington and eight non-profit agencies.	
Genesis II for Families	\$30,000.00
Minneapolis, Minn.	
Expand the <i>Therapeutic Parent Child Interaction</i> program for teen parents and their infants. This program provides hands-on coaching to improve the attachment between parent and child, and improve the child's social/emotional development.	

Greater Minneapolis Crisis Nursery	\$30,000.00
Golden Valley, Minn.	
Support the <i>Parent Education and Parent Support Group</i> program to promote nurturing, attachment and knowledge of parenting and child development, and reduce risk factors associated with abuse and neglect.	
PACT for Families Collaborative (Putting All Communities Together)	\$30,000.00
Willmar, Minn.	
Expand the <i>Incredible Years</i> parenting classes in a five-county rural area of Minnesota by engaging high-risk parents impacted by poverty, cultural isolation and their child's delayed social/emotional development.	
Pillsbury United Communities	\$30,000.00
Minneapolis, MN	
Support the <i>be@school</i> program to improve the social and emotional health of children ages 6 - 12 years through early intervention in truancy cases, and promoting social and behavioral challenges for healthy growth and development.	
Southeastern North Dakota Community Action Agency	\$26,544.64
Fargo, N.D.	
Introduce an electronic screening tool caregivers can use to apply for Head Start services, speed the screening/assessment process and access training for parents on the waiting list.	
Total Early Childhood Health	\$296,544.64

Emergency Room (ER) Utilization	Grant Amount
Catholic Charities of Saint Paul & Minneapolis	\$30,000.00
Minneapolis, Minn.	
Support a part-time nurse for the <i>Transitional Recuperative Care</i> (TRC) program. This demonstration project for homeless adults suffering from illness or injury, seeks to reduce emergency room readmission rates and costs associated with unnecessary use.	
Courage Center	\$30,000.00
Minneapolis, Minn.	
Expand and institutionalize care coordination activities in the disability primary care clinic by maintaining the current patient population's low rate of emergency room visits and hospitalizations. Additionally, reduce the rate of inappropriate emergency room admissions and hospitalizations for new patients.	
Emergency & Community Health Outreach	\$30,000.00
St. Paul, Minn.	
Create four videos and a curriculum guide for ESL classrooms statewide to explain the proper use of emergency room services in four languages, Spanish, Hmong, Somali and low-literacy English.	
LifeCare Medical Center	\$18,403.00
Roseau, Minn.	
Support a chronic disease management clinical care coordinator to follow up by phone with patients recently discharged from area hospitals to review their discharge plan, reconcile their medication and review appropriate steps to take if a problem arises.	
Lutheran Social Service of Minnesota	\$30,000.00
St. Paul, Minn.	
Reduce inappropriate emergency room utilization by at-risk youth in the Duluth area by providing medical preventive services and preventive education.	
Minnesota Visiting Nurse Agency	\$30,000.00
Minneapolis, Minn.	
Support the <i>Hospital to Home</i> (H2H) project, a partnership between MVNA and the Hennepin County Medical Center to reduce inappropriate emergency room utilization and hospital readmissions among patients diagnosed with congestive heart failure. Follow-up nursing care helps patients understand, monitor and successfully manage their condition at home.	

Portico Healthnet	\$30,000.00
St. Paul, Minn.	
Support the <i>Community Health Care Navigation Pilot</i> , a program of Children's Hospital addressing the psychosocial, financial and practical issues that result in inappropriate emergency room utilization by uninsured patients and those enrolled in Minnesota Health Care Programs.	
Total Emergency Room (ER) Utilization	\$198,403.00

General Health Improvement	Grant Amount
American Cancer Society	\$5,500.00
Mendota Heights, Minn.	
2011 Making Strides Against Breast Cancer, St. Cloud and Moorhead, Minn.	
American Heart Association	\$80,000.00
Minneapolis, Minn.	
2012 Twin Cities Heart Walk.	
American Lung Association	\$5,000.00
St. Paul, Minn.	
Fight for Air Stair Climb, Fight for Air Run/Walk and Fight for Air Ride events.	
American Red Cross Twin Cities Area Chapter	\$20,000.00
Minneapolis, Minn.	
Disaster Relief Fund, North Minneapolis tornado; and 2012 Twin Cities Red Cross 6 th Annual Heroes Breakfast.	
American Red Cross Mid-Dakota Chapter	\$5,000.00
Minot, N.D.	
Minot Flood Disaster Relief – 2011 flood.	
ARC Greater Twin Cities	\$2,500.00
St. Paul, Minn.	
2012 ARC Gala.	

Ascension Place, Inc.	\$2,000.00
Minneapolis, Minn.	
Support for activities that help homeless and abused women build independence, stability and long-term health and wellness.	
Bolder Options	\$5,000.00
Minneapolis, Minn.	
2011 and 2012 Training for Life events.	
Can Do Canines	\$2,500.00
New Hope, Minn.	
18 th annual <i>Heel and Wheel Walk</i> .	
Charities Review Council	\$2,500.00
St. Paul, Minn.	
Annual Forum sponsorship and support.	
Cystic Fibrosis Foundation	\$2,500.00
Bloomington, Minn.	
Breath of Life - Minnesota/Dakotas Chapter.	
City of St. Cloud	\$2,500.00
St. Cloud, Minn.	
2012 Healthy Living Initiative – Series of classes on health and fitness for seniors at the Whitney Senior Center.	
Community Health Charities Minnesota	\$35,250.00
Bloomington, Minn.	
2011 Annual campaign.	
Family Housing Fund	\$5,000.00
Minneapolis, Minn.	
Project Homeless Connect - Support expanded dental care services.	
Greater Twin Cities United Way	\$39,750.00
Minneapolis, Minn.	
2011 Annual campaign.	

Initiative Foundation	\$3,000.00
Little Falls, Minn.	
Circle of Security – Co-sponsor a four-day, statewide early childhood mental health screening for early childhood professionals.	
Management Assistance Program for Nonprofits, Inc.	\$2,000.00
St. Paul, Minn.	
2011 MAP for Nonprofits support.	
Mental Health Association of Minnesota	\$3,000.00
St. Paul, Minn.	
Support the Mental Health Association of Minnesota <i>Advocacy Program</i> to help individuals address barriers to accessing behavioral health care and social services.	
Minnesota Dental Foundation	\$2,000.00
Minneapolis, Minn.	
Minnesota Mission of Mercy – Set up a 100-chair temporary dental clinic in Mankato to provide free dental care to 2,000 children and adults over a two-day period.	
March of Dimes	\$1,000.00
Edina, Minn.	
Signature Chefs Auction – Duluth, Minn.	
March of Dimes	\$55,000.00
Edina, Minn.	
2012 – March for Babies.	
Minnesota AIDS Project	\$3,000.00
Minneapolis, Minn.	
2012 Minnesota AIDS Walk.	
Minnesota Association of Community Health Centers	\$2,500.00
Minneapolis, Minn.	
6 th annual <i>Many Faces of Community Health</i> conference.	

Minnesota Fathers & Families Network	\$2,500.00
Plymouth, Minn.	
2012 ninth annual Minnesota Fatherhood & Families Summit in St. Cloud, Minn.	
Minnesota Public Health Association	\$1,000.00
Minneapolis, Minn.	
2011-12 Minnesota Public Health Association Policy Forum Series: <i>What's Plaguing Our Children</i> ? Forum on health behaviors of children related to health activities and programs in schools, childhood obesity, teenage mental health and the impact of chemicals on children.	
Minnesota Visiting Nurse Agency	\$2,500.00
Minneapolis, Minn.	
There's No Place Like Home event.	
Miracles of Mitch Foundation	\$7,500.00
Chanhassen, Minn.	
2011 MiracleKids Triathlon.	
National Alliance for the Mentally III – Minnesota	\$5,000.00
St. Paul, Minn.	
2011NAMI Walks – Changing Minds One Step at a Time.	
Normandale Center for Healing & Wholeness	\$2,500.00
Edina, Minn.	
Enhance and extend evidence-based classes, wellness and resource support to improve the health and self-care behaviors for older adults and their family caregivers.	
NetWork for Better Futures	\$2,000.00
Minneapolis, Minn.	
2012 annual breakfast.	
Pease Christian Reformed Church	\$1,500.00
Pease, Minn.	
Mille Lacs County Operation Community Connect event.	

Pine Habilitation and Supported Employment, Inc.	\$2,500.00
Sandstone, Minn.	
Support the <i>Create Wellness Opportunities</i> program for employees and for program participants with disabilities.	
Rice County	\$2,000.00
Faribault, Minn.	
Rice County Healthy Homes program.	
RESOURCE, Inc.	\$2,500.00
Minneapolis, Minn.	
Achieving Dreams event.	
Somali Justice Advocacy Center	\$2,000.00
Minneapolis, Minn.	
Somali Health Challenges Assessment – Town hall meetings in Minneapolis, St. Paul, Rochester and Owatonna on healthcare services available to Somali people in Minnesota.	
Southside Community Health Services	\$2,500.00
Minneapolis, Minn.	
Hue-MAN Partnership project – Addressing men's health disparities by bringing men and community organizations together and engaging them in health and wellness activities, concerns and educational topics.	
Touchstone Mental Health	\$2,500.00
Minneapolis, Minn.	
2011 Notes of Inspiration event.	
University YMCA of Metropolitan Minneapolis	\$3,000.00
Minneapolis, Minn.	
Greg Coleman Celebrity Golf Tournament.	
Youth Determined To Succeed	\$1,000.00
Minneapolis, Minn.	
Move More – Eat Better Community Health Fair.	
Total General Health Improvement	\$329,000.00

Healthy Living	Grant Amount
CentraCare Health Foundation	\$27,964.00
St. Cloud, Minn.	
Implement the NuVal Nutritional Food Scoring System system in vending machines and the a la carte food lines in Sartell Middle School and Sartell High School to help students make healthier food choices.	
Bolder Options	\$30,000.00
Minneapolis, Minn.	
Strengthen Bolder Options' physical health programming in Minneapolis by intensifying the nutritional and fitness related content. Increase efforts to actively engage caregivers, support alumni pairs in continued success, and improve physical health outcome tracking and evaluation.	
West Side Community Health Services	\$30,000.00
St. Paul, Minn.	
Support <i>Fit Team Plus</i> , a multi-component intervention that helps reduce the risk of cardiovascular disease and diabetes in adolescents at or above the 85th percentile for BMI. Provide individual assessments, nutrition and physical activity plans, and reinforcement through frequent staff contact with participants.	
Youth Determined to Succeed	\$30,000.00
Minneapolis, Minn.	
Support in-school <i>Kids 4 Health Institute</i> , a holistic approach to deliver health programs and services, including physical fitness, nutrition and diet education, health education, stress management and counseling for youth and families of the Brooklyn Center area.	
Total Healthy Living	\$117,964.00

Organizational Core Mission Support in Greater Minnesota	Grant Amount
Arc Kandohi County	\$5,000.00
Willmar, Minn.	
Child Care & Nutrition, Inc.	\$5,000.00
Ivanhoe, Minn.	

City of St. Cloud	\$5,000.00
St. Cloud, Minn.	
Faith in Action of Wright County	\$5,000.00
Buffalo, Minn.	
Family HealthCare Center	\$5,000.00
Fargo, N.D.	
Family Pathways	\$5,000.00
Cambridge, Minn.	
Helping Hands Outreach to Elders, Inc.	\$4,800.00
Holdingford, Minn.	
Industries, Incorporated	\$5,000.00
Cambridge, Minn.	
Interfaith Caregivers/Faith in Action in Faribault County	\$5,000.00
Blue Earth, Minn.	
Isanti County Public Health Services	\$5,000.00
Cambridge, Minn.	
Life House, Inc.	\$5,000.00
Duluth, Minn.	
Living at Home/Block Nurse Program	\$5,000.00
Granite Falls, Minn.	
Mississippi Headwaters Area Dental Health Center	\$5,000.00
Bemidji, Minn.	
Monticello Christian Social Services, Inc.	\$3,000.00
Monticello, Minn.	
Norman-Mahnomen Public Health	\$5,000.00
Ada, Minn.	
North Valley Public Health	\$5,000.00
Warren, Minn.	

Pine Island Area Home Services/Living at Home/Block Nurse Program	\$5,000.00
Pine Island, Minn.	
Polk County Public Health	\$5,000.00
Crookston, Minn.	
Program for Aid to Victims of Sexual Assault	\$5,000.00
Duluth, Minn.	
Project HERO	\$5,000.00
Fargo, N.D.	
Quiet Oaks Hospice House	\$5,000.00
St. Augusta, Minn.	
The Refuge Network	\$5,000.00
Cambridge, Minn.	
Riverwood Health Care Center & Community Hospital Foundation	\$5,000.00
Aitkin, Minn.	
Ronald McDonald House Charities of the Red River Valley, Inc.	\$5,000.00
Fargo, N.D.	
South Central Adult Services Council, Inc.	\$1,500.00
Fargo, N.D.	
Third Street Clinic	\$5,000.00
Grand Forks, N.D.	
Women's Health Center of Duluth, PA	\$5,000.00
Duluth, Minn.	
Total Core Mission Support in Greater Minnesota	\$129,300.00

Strategic Grants (3-year grants)	Grant Amount
Children's Dental Services	\$100,000.00
Minneapolis, Minn.	
Expand restorative dental services in the Moorhead and Fargo area, including a full range of comprehensive, culturally targeted dental care, as well as preventive and restorative treatment, emergency and hospital care.	
City of Lakes Nordic Ski Foundation	\$100,000.00
Minneapolis, Minn.	
Create the <i>Anwatin Adventure Program</i> to allow Anwatin Middle School students the opportunity to participate in year-around recreational activity, and gain a love for outdoor activities while adopting a healthier lifestyle.	
East Metro Medical Society Foundation	\$250,000.00
Minneapolis, Minn.	
Support for <i>Honoring Choices Minnesota</i> , a collaborative effort of the Twin Cities Medical Society and the community to establish a standard to guide family conversations about end-of-life care preferences.	
Mental Health Resources, Inc.	\$300,000.00
St. Paul, Minn.	
Support the <i>Intensive Community Based Services Program</i> , which provides intensive case management services to help high-risk adults with a chronic mental illness and/or substance abuse issues successfully transition from an inpatient treatment facility into a community setting.	
St. David's Center for Child & Family Development	\$250,000.00
Minnetonka, Minn.	
Support the <i>Strategic Opportunities Project</i> to increase access to childhood mental health services, provide new and innovative assessment services and build a sustainable community-based model to meet the needs of underserved communities.	
Total Strategic Grants	\$1,000,000.00

Total Funding for 104 Grants in 2011 \$2,471,021.64
