alandanal Hardel				
Behavioral Health				
vivo	Minneapolis	MN	Provide mental health services for children ages 6 to 18 from low- income families who are at-risk of homelessness, while prioritizing children with a parent in recovery treatment.	\$50,000
ellis	Elk River	MN	Provide peer-based grief and loss support to birth mothers who have experienced the termination of parental rights.	\$50,000
ornerHouse Interagency Child Abuse Evaluation and	d Training Center Minneapolis	MN	Expand therapy to serve caregivers of child survivors of abuse to increase therapeutic outcomes and promote the family healing process.	\$50,000
eople Incorporated	Eagan	MN	Place mental health professionals within police departments to respond to mental health-related calls.	\$50,000
S EDEN	Minneapolis	MN	Support the Community Reentry, Recovery Services, and Supportive Housing programs to better address client needs.	\$50,000
erebinth Refuge	Waite Park	MN	Increase access and availability of an on-site RN and mental health provider for women with co-occurring disorders due to trauma and abuse.	\$50,000
ouchstone Mental Health	Minneapolis	MN	Expand behavioral health home services to address physical and mental health, substance use disorder and wellness needs for individuals experiencing serious mental illness.	\$50,000
ayside Recovery Center	St. Louis Park	MN	Provide integrated behavioral healthcare with culturally-responsive parenting support, family therapy and care coordination to provide wraparound services that bridge gaps in treatment and reduce recurrence of use.	\$50,000

Women's Advocates, Inc.	St. Paul	MN	Support a licensed mental health provider to work with survivors as they transition out of the shelter and into long-term safety and housing stability.	\$50,000
YouthLink	Minneapolis	MN	Provide on-site mental health services for residents of the supportive housing programs.	\$50,000
Early Childhood Health				
Centro Tyrone Guzman	Minneapolis	MN	Refine the new culturally-appropriate, Montessori-based home visiting program for Latine families with children birth to age three.	\$25,000
Fraser	Minneapolis	MN	Provide mental health wellness support for children who have experienced trauma or have significant behavioral challenges.	\$25,000
Lincoln Park Children and Families Collaborative	Duluth	MN	Expand capacity to offer more Circle of Security program courses annually for program facilitators.	\$25,000
Lutheran Social Service of Minnesota	St. Paul	MN	Expand capacity to provide emergency childcare for children birth to age 12 in Crow Wing County.	\$25,000
Main Street Family Services	Elk River	MN	Implement and train staff in Circle of Security programming, helping secure parent-child relationships.	\$25,000
Neighborhood Health Source	Minneapolis	MN	Bring provider visits and child immunizations to families facing barriers to healthcare, and help families apply for insurance.	\$25,000
People's Center Clinics & Services	Minneapolis	MN	Expand capacity to serve more youth at the new dental clinic in the Cedar Riverside area, and at the existing dental clinic in Longfellow.	\$25,000

Sawtooth Mountain Clinic, Inc.	Grand Marais	MN	Increase dental care for children from birth to age 12 in Cook County and on the Grand Portage Reservation.	\$25,000
SouthWest Metro Intermediate School District #288	Shakopee	MN	Provide teen parents with resources through the BABY KNOW program to help participants better understand infant development.	\$25,000
St. David's Center for Child & Family Development	Minnetonka	MN	Build capacity among multidisciplinary staff to provide evidence-based Floortime® therapy to children diagnosed with autism spectrum disorder, or other developmental delays and disabilities.	\$25,000
University of Minnesota Foundation	Minneapolis	MN	Continue to promote oral health among teens and pregnant women within Cook County, including the Grand Portage Band of Ojibwe, using age-appropriate education grounded in Ojibwe culture.	\$25,000
Washburn Center for Children	Minneapolis	MN	Continue to expand early intervention mental health care for children birth to age nine, establishing a foundation for children to thrive.	\$25,000
General Health Improvement				
Alzheimer's Association Minnesota - North Dakota	Minneapolis	MN	2023 Purple Gala.	\$5,000
American Cancer Society	Eagan	MN	2023 Relay For Life - Central Minnesota.	\$5,000
American Indian Family Center	St. Paul	MN	Support for adequate internet accessibility for staff to effectively and efficiently provide services to clients.	\$5,000

American Red Cross	Minneapolis	MN	2023 Support for organization's mission.	\$10,000
Arrowhead Health Alliance	Duluth	MN	Support for staffing and direct costs in developing a Regional Youth Advisory Council for the ABHI Children's Mental Health Initiative.	\$10,000
Can Do Canines	New Hope	MN	2023 Fetching Ball Gala.	\$5,000
CAPI USA	Brooklyn Center	MN	Fresh produce distribution program.	\$5,000
Charities Review Council	Roseville	MN	Support for newsletters and presentations, to provide seniors with knowledge to make informed giving decisions, consider different ways of giving, and identify fraudulent solicitations.	\$5,000
Creating Healthier Communities	Minneapolis	MN	Improve health outcomes for Black mothers and their babies to ensure that every person has the opportunity to live a healthy life.	\$37,500
Cultural Wellness Center	Minneapolis	MN	Expand the doula training program to train dads to be strong birthing partners.	\$10,000
Diaper Bank of Minnesota	St. Paul	MN	Purchase and distribute diapers for families in the Twin Cities.	\$5,000
Good Acre	Falcon Heights	MN	Purchase food from farmers and distribute to communities facing hunger.	\$3,000

Good in the 'Hood	Minneapolis	MN	Support for the production of a volunteer training video and foot care supplies.	\$3,000
Greater Twin Cities United Way	Minneapolis	MN	2022 Medica Employee Giving Campaign.	\$37,500
Guild	St. Paul	MN	2022 Ladder of Hope event.	\$5,000
Hammer Residences, Inc.	Wayzata	MN	Support the dental hygiene needs for clients who are not covered by Medical Assistance.	\$5,000
Intercongregation Communities Association, Inc.	Minnetonka	MN	Purchase food to support the increase in clients.	\$5,000
Interfaith Outreach & Community Partners	Plymouth	MN	Caring for Kids program.	\$5,000
Keystone Community Services	Saint Paul	MN	Food support and related services for low-income residents.	\$4,500
March of Dimes	Minneapolis	MN	2023 March for Babies and special events.	\$25,000
Minnesota Association for Children's Mental Health	St. Paul	MN	2022 Infant and Early Childhood annual conference.	\$2,000

Minnesota Dental Foundation	Minneapolis	MN	2022 Mission of Mercy event.	\$5,000
Minnesota Public Health Association	Minneapolis	MN	2022-2023 Policy Forum Series and 2023 Annual Meeting.	\$2,500
My Very Own Bed	Minneapolis	MN	2022 Beds & Bluegrass event sponsorship.	\$2,500
National Alliance on Mental Illness - Minnesota	St. Paul	MN	2022 NAMI Walk and state conference.	\$10,000
Open Arms of Minnesota	Minneapolis	MN	2022 Moveable Feast event.	\$10,000
Propel Nonprofits	Minneapolis	MN	Training and technical assistance for nonprofits.	\$10,000
Senior Community Services	Minnetonka	MN	2022 Reimagine Aging Conference.	\$5,000
The Beautywell Project	Saint Paul	MN	Support for strategic planning.	\$5,000
The Food Group Minnesota, Inc.	New Hope	MN	Holiday giving match and end of year campaign.	\$10,000

The Link	Minneapolis	MN	Support to provide health related basic needs for youth and young families.	\$5,000
Two Harbors Area Food Shelf	Two Harbors	MN	Purchase food for food shelf.	\$7,500
Volunteers Enlisted to Assist People	Bloomington	MN	Purchase fresh, healthy foods for households experiencing food insecurity.	\$5,000
Rural Health				
Aitkin County CARE, Inc.	Aitkin	MN	Funds will be used to improve health in rural communities.	\$5,000
Angels of McGregor	McGregor	MN	Funds will be used to improve health in rural communities.	\$5,400
Arrows Family Services	Milaca	MN	Funds will be used to improve health in rural communities.	\$5,000
Barnesville Ambulance	Barnesville	MN	Funds will be used to improve health in rural communities.	\$8,300
C.A.R.E. Clinic	Red Wing	MN	Funds will be used to improve health in rural communities.	\$10,000
Children's Dental Health Services	Rochester	MN	Funds will be used to improve health in rural communities.	\$10,000

Churches United For The Homeless	Moorhead	MN	Funds will be used to improve health in rural communities.	\$10,000
Churches United in Ministry	Duluth	MN	Funds will be used to improve health in rural communities.	\$10,000
Duluth Community School Collaborative	Duluth	MN	Funds will be used to improve health in rural communities.	\$5,000
Elder Network	Rochester	MN	Funds will be used to improve health in rural communities.	\$6,000
Ellison Center	St Cloud	MN	Funds will be used to improve health in rural communities.	\$10,000
Empowering Kids Perham	Perham	MN	Funds will be used to improve health in rural communities.	\$10,000
Evergreen Youth & Family Services, Inc.	Bemidji	MN	Funds will be used to improve health in rural communities.	\$5,000
Family Pathways	North Branch	MN	Funds will be used to improve health in rural communities.	\$10,000
Feeding Our Communities Partners	Mankato	MN	Funds will be used to improve health in rural communities.	\$5,000

Footnotes Trauma Foundation, Inc.	Mankato	MN	Funds will be used to improve health in rural communities.	\$8,000
Granite Falls Living at Home/Block Nurse Program	Granite Falls	MN	Funds will be used to improve health in rural communities.	\$5,000
Isanti County Public Health Services	Cambridge	MN	Funds will be used to improve health in rural communities.	\$10,000
Just Kids Dental	Two Harbors	MN	Funds will be used to improve health in rural communities.	\$10,000
Lakes Area Interfaith Caregivers	Baxter	MN	Funds will be used to improve health in rural communities.	\$10,000
Le Sueur County	Le Center	MN	Funds will be used to improve health in rural communities.	\$8,000
Let's Smile, Inc.	Owatonna	MN	Funds will be used to improve health in rural communities.	\$10,000
Lutheran Social Service of Minnesota	St. Paul	MN	Funds will be used to improve health in rural communities.	\$5,000
Monticello Christian Social Services, Inc.	Monticello	MN	Funds will be used to improve health in rural communities.	\$5,000

North Shore Area Partners	Silver Bay	MN	Funds will be used to improve health in rural communities.	\$5,000
Northland Foundation	Duluth	MN	Funds will be used to improve health in rural communities.	\$5,000
Northwoods Care Partners	Ely	MN	Funds will be used to improve health in rural communities.	\$5,000
Open Door Health Center	Mankato	MN	Funds will be used to improve health in rural communities.	\$10,000
Open Doors For Youth	Elk River	MN	Funds will be used to improve health in rural communities.	\$10,000
Pearl Battered Women's Resource Center	Milaca	MN	Funds will be used to improve health in rural communities.	\$10,000
Program for Aid to Victims of Sexual Assault	Duluth	MN	Funds will be used to improve health in rural communities.	\$10,000
Project Care Free Clinic	Hibbing	MN	Funds will be used to improve health in rural communities.	\$5,000
Southern Minnesota Crisis Nursery DBA Ivy House	New Ulm	MN	Funds will be used to improve health in rural communities.	\$10,000

Owatonna	MN	Funds will be used to improve health in rural communities.	\$10,000
Zumbrota	MN	Funds will be used to improve health in rural communities.	\$10,000
Mankato	MN	Funds will be used to improve health in rural communities.	\$7,500
Duluth	MN	Funds will be used to improve health in rural communities.	\$10,000
Minneapolis	MN	Expand the Pediatric Mobile Clinic to meet the rising community need for services by providing preventative pediatric healthcare and advancing equitable access to care in Minnesota.	\$200,000
	Zumbrota Mankato Duluth	Zumbrota MN Mankato MN Duluth MN	Zumbrota MN Funds will be used to improve health in rural communities. Mankato MN Funds will be used to improve health in rural communities. Duluth MN Funds will be used to improve health in rural communities. Minneapolis MN Expand the Pediatric Mobile Clinic to meet the rising community need for services by providing preventative pediatric healthcare and

Total Grantmaking in Minnesota 93 Grants

\$1,568,200

Nebraska and Iowa							
Behavioral Health							
Banisters Leadership Academy	Omaha	NE	Provide youth with free access to licensed mental health therapists in Dawes County.	\$50,000			
CHI Health Foundation	Omaha	NE	Support the creation and implementation of an electroencephalogram (EEG) neurofeedback program, developed in collaboration with MICAH House, a homeless services provider.	\$40,000			
Heartland Family Service	Omaha	NE	Provide a crisis stabilization shelter with trauma-based services, housing solutions, and advocacy to support survivors of sex trafficking in the Omaha metro area.	\$50,000			
Nebraska Methodist Hospital Foundation	Omaha	NE	Address barriers to behavioral healthcare and meet students where they are by expanding the counseling program to two additional Omaha Public High Schools.	\$50,000			
OneWorld Community Health Centers, Inc.	Omaha	NE	Provide integrated care using a warm handoff model to meet the increased need for behavioral health services.	\$50,000			
Project Harmony Child Advocacy Center (Haven for Abuse Response Members serving Our Nebraska Youth)	Omaha	NE	Expand mental health services by increasing access to Expressive Arts Therapy groups for children in the Omaha-metro area.	\$45,000			
Siena Francis House	Omaha	NE	Support for family relationships to help families understand the influence of addiction and how to recover together.	\$50,000			
University of Nebraska Foundation	Lincoln	NE	Provide counseling services in rural southeast Nebraska and increase the number of clients served in rural areas.	\$50,000			

Early Childhood Health				
Educare Of Lincoln, Inc.	Lincoln	NE	Develop a healthcare catch-up plan for well-checks and immunizations, and provide access to care for other needed healthcare services.	\$25,000
FAMILY, Inc.	Council Bluffs	IA	Support for home visitation and public health programming to improve access to care by bringing preventative services to families via a mobile wellness unit.	\$25,000
Nebraska Children's Home Society	Omaha	NE	Provide program support for kinship families in northeast Nebraska with resources to meet family needs.	\$25,000
Panhandle Public Health District	Scottsbluff	NE	Support for a school-based preventive dental service program.	\$25,000
Volunteers of America Western Nebraska	Lewellen	NE	Improve health equity by increasing COVID-19 vaccinations through partnerships with health professionals and transportation services to provide education and direct care to children in need.	\$25,000
General Health Improvement				
New Visions Homeless Services	Council Bluffs	IA	Create a space for veteran's recovering from trauma to use in their mental health and substance use disorder rehabilitation.	\$5,000
Chicano Awareness Center	Omaha	NE	Teach skills for healthy living, and connect families to health resources through Siembra Salud, a Community Health Workers home visiting program.	\$5,000
Combined Health Agencies Drive	Omaha	NE	2022 Medica Employee Giving Campaign.	\$5,000

Health Center Association of Nebraska	Omaha	NE	Support for a glucose monitoring pilot program to engage patients with diabetes, and to gain education from health center diabetic educators.	\$10,000
Legal Aid of Nebraska	Omaha	NE	Assist in the resolution of legal problems that adversely impact the mental and physical health status of veterans.	\$2,500
NAMI Nebraska	Omaha	NE	2023 NAMI Walks Nebraska event.	\$2,500
Nonprofit Association of the Midlands	Omaha	NE	2022 Annual Nonprofit Summit of the Midlands.	\$2,500
The Kim Foundation	Omaha	NE	2022 annual event: "A Time for Hope and Healing".	\$2,500
United Way of the Midlands	Omaha	NE	2022 Medica Employee Giving Campaign.	\$5,000
Rural Health				
Beatrice Community Hospital Foundation, Inc.	Beatrice	NE	Funds will be used to improve health in rural communities.	\$5,000
Buffalo County Community Partners	Kearney	NE	Funds will be used to improve health in rural communities.	\$10,000
Casa Of Northeast Nebraska Inc	Norfolk	NE	Funds will be used to improve health in rural communities.	\$5,000

CEDARS Youth Services	Lincoln	NE	Funds will be used to improve health in rural communities.	\$10,000
CenterPointe	Lincoln	NE	Funds will be used to improve health in rural communities.	\$5,000
Cirrus House INC	Scottsbluff	NE	Funds will be used to improve health in rural communities.	\$10,000
Clyde Malone Center	Lincoln	NE	Funds will be used to improve health in rural communities.	\$10,000
Community Action Partnership of Western Nebraska	Gering	NE	Funds will be used to improve health in rural communities.	\$10,000
Families 1st Partnership	North Platte	NE	Funds will be used to improve health in rural communities.	\$5,000
Fillmore County Hospital Foundation	Geneva	NE	Funds will be used to improve health in rural communities.	\$5,000
Great Plains Health Care Foundation	North Platte	NE	Funds will be used to improve health in rural communities.	\$5,000
HelpCare Clinic	Kearney	NE	Funds will be used to improve health in rural communities.	\$5,000

Madonna Foundation	Lincoln	NE	Funds will be used to improve health in rural communities.	\$5,000
Nebraska Farm Bureau Foundation For Agriculture, Inc	Lincoln	NE	Funds will be used to improve health in rural communities.	\$5,000
Panhandle Partnership, Inc.	Scottsbluff	NE	Funds will be used to improve health in rural communities.	\$5,000
Southeast Nebraska Community Action Partnership, Inc.	Humboldt	NE	Funds will be used to improve health in rural communities.	\$5,000
United Way of Western Nebraska	Scottsbluff	NE	Funds will be used to improve health in rural communities.	\$5,000

Total Grantmaking in Iowa and Nebraska 39 Grants

\$660,000

North Dakota				
Behavioral Health				
Dakota Childrens Advocacy Center	Bismarck	ND	Provide evidence-based telehealth counseling services to children affected by abuse.	\$50,000
Early Childhood Health				
Fraser Ltd.	Fargo	ND	Establish a two-generation, parent/child interaction therapy program, for at-risk children and their caregivers.	\$25,000
YWCA Cass Clay	Fargo	ND	Education to empower people experiencing homelessness and survivors of domestic violence to parent effectively, delivered through structured classes and individual home visits.	\$25,000
Rural Health				
Abused Adult Resource Center	Bismarck	ND	Funds will be used to improve health in rural communities.	\$10,000
Benson County Transportation	Maddock	ND	Funds will be used to improve health in rural communities.	\$5,000
Great Plains Food Bank	Fargo	ND	Funds will be used to improve health in rural communities.	\$5,000
Greater Grand Forks Senior Citizens Association Inc	Grand Forks	ND	Funds will be used to improve health in rural communities.	\$5,000

HERO, Healthcare Equipment Recycling Organization	Fargo	ND	Funds will be used to improve health in rural communities.	\$10,000
House of Everyday Learning	Fargo	ND	Funds will be used to improve health in rural communities.	\$10,000
Third Street Clinic	Grand Forks	ND	Funds will be used to improve health in rural communities.	\$5,000
Western Wellness Foundation, Inc.	Dickinson	ND	Funds will be used to improve health in rural communities.	\$5,000

Total Grantmaking in North Dakota	\$155,000
11 Grants	\$135,000

South Dakota				
Rural Health				
Catholic Social Services	Rapid City	SD	Funds will be used to improve health in rural communities.	\$10,000
Lost&Found Association	Sioux Falls	SD	Funds will be used to improve health in rural communities.	\$5,000
Lutheran Social Services of South Dakota	Sioux Falls	SD	Funds will be used to improve health in rural communities.	\$5,000

Native American Community Board	Lake Andes	SD	Funds will be used to improve health in rural communities.	\$5,000
			Total Grantmaking in South Dakota 4 Grants	\$25,000
Wisconsin				
General Health Improvement				
Second Harvest Foodbank of Southern Wisconsin	Madison	WI	2022 Medica Employee Giving Campaign.	\$15,000
Rural Health				
Free Clinic of Pierce and St. Croix Counties	River Falls	WI	Funds will be used to improve health in rural communities.	\$5,000
Hudson Area Backpack Program, Inc.	Hudson	WI	Funds will be used to improve health in rural communities.	\$5,800
Northwoods Women Inc.	Ashland	WI	Funds will be used to improve health in rural communities.	\$5,000
Our Neighbors' Place	River Falls	WI	Funds will be used to improve health in rural communities.	\$6,000

Rice Lake Area Free Clinic Volunteers in Medicine Rice Lake WI Funds will be used to improve health in rural communities. \$5,000

Total Grantmaking in Wisconsin 6 Grants

\$41,800

Total 2022 Grantmaking - 153 Grants Totaling \$2,450,000